



Sl.	Course Code	Course Category	Subject Name	Teaching							ESE(70% Weightage)	Total	Duration / Mode	Course Attributes							Sustainable Development Goals
				Hours/Periods/Credits																	
				L	T	P	C	Continuous Internal Assessment Theory/Practical (30 % Weightage)						Employability	Entrepreneurship	Skill Development	Gender Equality	Environment & Susta	Human Value	Professional Ethics	
SE I	SE II	DDA																			
1	MYS301	DSEC	Yoga Psychology	4	0	0	4	50	50	50	100	100	4hrs /Theory			√	√	√	√		3, 4, 5, 8, 17
2	MY302	CC	Indian Philosophy	4	0	0	4	50	50	50	100	100	4hrs /Theory			√		√	√		3, 4, 8, 9, 11, 16, 17
3	MYS303	DSEC	Environmental Pollution and	4	0	0	4	50	50	50	100	100	4hrs /Theory			√		√	√		3, 4, 6, 7, 8, 11, 13, 14,15
4	MYS304	DSEC	Elective II - Applied Astrology, Vaastu Shastra &													√			√		
5	MYS305	AECC	Alternative Therapy	4	0	4	6	50	50	50	100	100	8hrs /Theory	√	√	√	√		√		1, 2, 3, 4, 5, 8,17
6	MYS306	CC	Yoga Practical - V	0	0	8	4	50	50	50	100	100	8hrs /Prectical	√	√	√	√	√	√		1, 2, 3, 4, 5, 8,9,17
Total				16	0	12	22	250	250	250	500	500									
Course Category		CC: Core Course		DSEC:Discipline Specific Elective Course							AECC: Ability Enhancement Compulsory Course										